

Sleep Medicine Associates, LLC
2 South Hospital Drive, Murphysboro, IL 62966
Phone: (618) 684-3156 x. 55461

PATIENT RESPONSIBILITIES

* Please read both sides, then sign and date on the back.

-Cancellations must be made at least 24 hours in advance. There will be a \$25.00 charge for new patients, and a \$10.00 charge for returning patients on all cancellations made less than 24 hours in advance. This is designed to allow patients with urgent needs an opportunity to be seen more quickly.

-All insurance co-pays are due at the time of service. Co-pay amounts are usually listed on the front of the insurance identification card. All Illinois Medicaid patients have a \$2.00 co-pay, excluding children under 18. Please have your cash or check ready at the end of your visit. You may make checks payable to Sleep Medicine Associates, LLC. At this time, we do not accept checks written for less than \$10.00. There will be a \$25.00 charge on all returned checks. At this time, Sleep Medicine Associates, LLC is a participating provider with Medicare, Illinois Medicaid, Iowa Medicaid, BlueCross and BlueShield, Healthlink and Health Alliance.

-We will ask you to fill out certain questionnaires when you come for an office visit, some of which you will be required to fill out each time you are here. The results of the questionnaires you fill out are necessary for your treatment. Dr. Brown uses the answers and the numerical scores from these questionnaires to figure out whether you are getting better or worse in terms of the treatment he is giving you. For example, if you have a certain high score on the Epworth Sleepiness Scale or on the Fatigue Severity Scale, Dr. Brown tries to treat your sleep disorder in a way that should improve these scores if you are getting better. These scales help Dr. Brown in deciding for example whether to increase your dose of medicine, change your CPAP (if applicable), or try a different medication as the individual case may be. So you will need to fill out the same questionnaires each time you come, to see if your scores have changed any since the last visit. Dr. Brown also has some additional questionnaires that we might ask you to fill out from time to time that will aid treatment decisions. These forms are used like blood lab studies to track progress in treatment, or lack of progress. Research has shown that quantitative measures in conjunction with interviews and exams help doctors make medical decisions. If you are unable to fill out these questionnaires due to a disability, then it will not be required of you.

-Vital signs, as indicated, as well as height, weight and bioelectric impedance (body fat percentage), will be taken during each visit.

Research shows that obesity and sleep apnea are related. Obesity may cause sleep apnea, and sleep apnea may cause increased obesity. Dr. Brown will utilize information such as your weight and body fat percentage in making decisions about your treatment.

-Follow-up visits, in most cases, are required. For Dr. Brown to provide you with treatment (either with medication or CPAP/BIPAP), you must return for follow-up visits as directed. It is important to keep your scheduled appointments so that Dr. Brown is able to accurately monitor your progress, or lack of progress. Medicare and Medicaid, as well as most commercial insurance companies, require renewal of CPAP and/or BIPAP every year. In order for Dr. Brown to renew your prescription of CPAP or BIPAP you will be required to return for a follow-up visit so that your symptoms can be monitored and documented.

Attention DOT Drivers and all other patients requiring medical release to obtain a driver's license or license renewal!!

You must follow-up with Dr. Brown if you are required to obtain a medical release/statement to obtain or renew a driver's license. Dr. Brown must be able to document resolution of your symptoms in order to legally release you to drive.

I have read and fully understand the office policies as written above.

Patient (Responsible Party) Signature

Date